

What Can I Do? – Taking Action on Climate Change in Maple Ridge

When We're Shopping...

- ✓ Bring a list with you to make sure you get what you need.
- ✓ Organize your errands and shopping trips so that you can make fewer trips.
- ✓ Keep informed on weather, road repairs and closures.
- ✓ Buy and support local produce and products.
- ✓ Frequent farmers markets or farms themselves.
- ✓ Consider using a local Community Supported Agriculture (CSA) program.
- ✓ Shop for produce that is in season .
- ✓ Don't be picky - Over 30 percent of fruits and vegetables in North America don't even make it onto store shelves because they're not "pretty enough" for picky consumers.
- ✓ Buy food items in bulk, consider dry goods and canning to preserve food longer and have an emergency supply in times of need.
- ✓ Consider going meat-less one or two days a week.
- ✓ Bring reusable shopping bags to reduce waste.
- ✓ Buy and support locally made products.
- ✓ Buy high quality made durable products that do not need to be replaced regularly.
- ✓ Have items repaired, check out a local Repair Café
- ✓ Consider reducing waste and packaging when buying products.
- ✓ Consider reused or pre-loved items before buying new.
- ✓ Check out on-line ads, local markets or garage sales for items.
- ✓ Use the library to reduce spending on books and videos.
- ✓ Create or use a tool-library or rent tools when you need tools.
- ✓ Buy Energy-Efficient Products. Look for labels like EnergyStar which highlight energy efficiency.
- ✓ Read labels when you shop and ask questions of merchants – Where is it made? What is it made from?
- ✓ Donate products you no longer need before buying more products.